

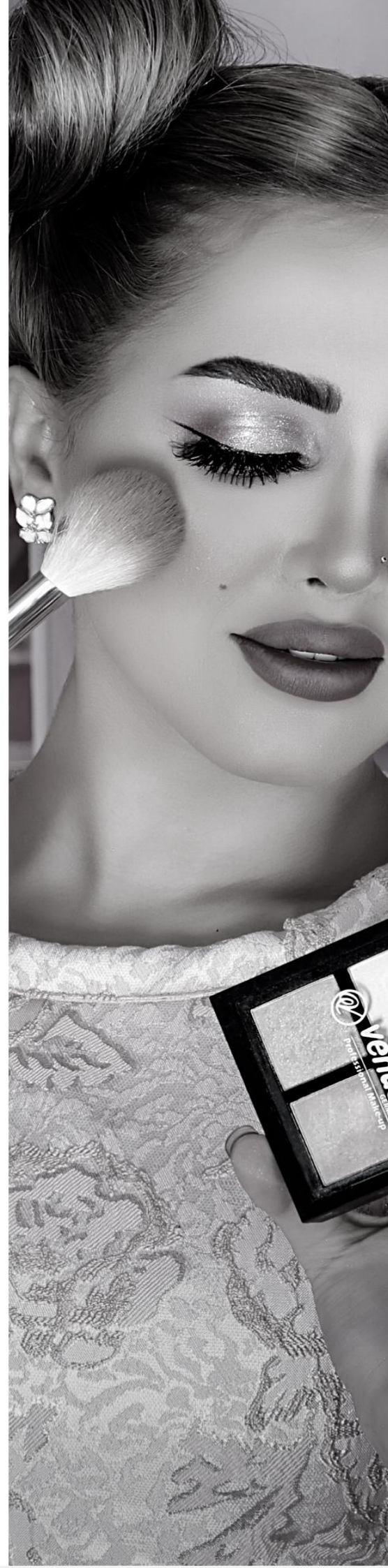


# ADVANCE CERTIFICATE COURSE IN BEAUTY CARE & MAKEUP



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# About Glister Eduversity

Today is the era of working parents and due to workload, they do not get enough time to support their children's education. Therefore, they are heavily blamed by all, in the current dialogue and debate about improving the education system, the disadvantages of improper parenting is known to all.

It is time to start parenting in the education system. With the Glister Eduversity, We present you the solution to all such problems switching towards telephonic parenting, proper guidance and development graph.

This is the first Indian institution to provide education care with parenting. Glister Education offers telephonic parenting with a right strategic plans for the student, online test series, seminar, scholarship programs, in really attractive packages.

We also guide their appointments as well as their strategies. So, let's don't wait, and achieve nothing less than success with Glister Eduversity Parenting cum Education Care.



Director: Amit Pandey

## Mission

The mission of Glister Eduversity is to educate the citizens and citizen-leaders for our society.

We do this through our commitment to the transformative power of a liberal arts and sciences education.

Beginning in the classroom with exposure to new ideas, new ways of understanding, and new ways of knowing, students embark on a journey of intellectual transformation.

Through a diverse living environment, where students live with people who are studying different topics, who come from different walks of life and have evolving identities, intellectual transformation is deepened and conditions for social transformation are created.

From this we hope that students will begin to fashion their lives by gaining a sense of what they want to do with their gifts and talents, assessing their values and interests, and learning how they can best serve the world.

## Vision

Glister Eduversity will set the standard for residential liberal arts and sciences education in the twenty-first century. We are committed to creating and sustaining the conditions that enable all Glister Eduversity students to experience an unparalleled educational journey that is intellectually, socially, and personally transformative.

Welcome to the Glister Eduversity, varanasi. For more than three Years, Glister Eduversity has served as our nation's flagship comprehensive institution of higher education.

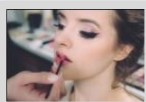
Our primary goal is to become one of the most prominent and excellent educational Institute in the world. We are fortunate to have a talented, highly committed teaching and support staff here to ensure the learning environment of our students is the best it can be. Our faculties are renowned scholars and accomplished practitioners who are actively engaged in the academic excellence and innovative research ideas of the modern world. Our students are innovators, engineers, managers, great scientists, entrepreneurs, and aspiring leaders - from every age group and are located at every corner of the country. Our unique teaching and learning process with a proper blend of theory and practice crosses the boundaries of nations towards industry-readiness and global excellence.

# Program overview

The makeup industry is one that will continue to grow and so will the demand for professionals who specialize in makeup. Those who are passionate about making people beautiful can definitely make a career out of it. There are a lot of things to learn about to become a good makeup artist. You would need to develop and master the art of giving a flawless look to brides, corporate women and others in general. Glistar Eduversity is running beauty Course and you can definitely enroll in this course. The academic focus in the realm of makeup can help you develop careers as makeup professionals in films, spas, or television sets.

Students receive a certificate after they complete their course. They become certified cosmetologists or makeup artists. These trained and professional artists can then take up and work privately, by opening their own salons and provide consultation for clients on an individual basis. They can also choose to work on film sets, work on television artists, or become theatre assistants. In these courses, students are taught various aspects of makeup and they get to explore hair styling, how to take care of skin, how to apply flawless makeup, how to cover up skin blemishes and issues with makeup etc.

## Salient Features



The Beauty and Wellness Industry in India is growing at a CAGR of 18.6 % and is likely to reach the 100,000 crore mark soon. Increased emphasis on a holistic wellbeing with people's desire to look good and young are other motivators for the Beauty and Wellness Industry.



Employment in Beauty and Wellness sector is expected to grow at a CAGR of 20%, with 23% in organized and 15% in unorganized segments with a shortage of over 600,000 skilled personnel by of 2016. With a shift in focus towards the quality of service, the industry has been looking to hire a skilled workforce to sustain growth.



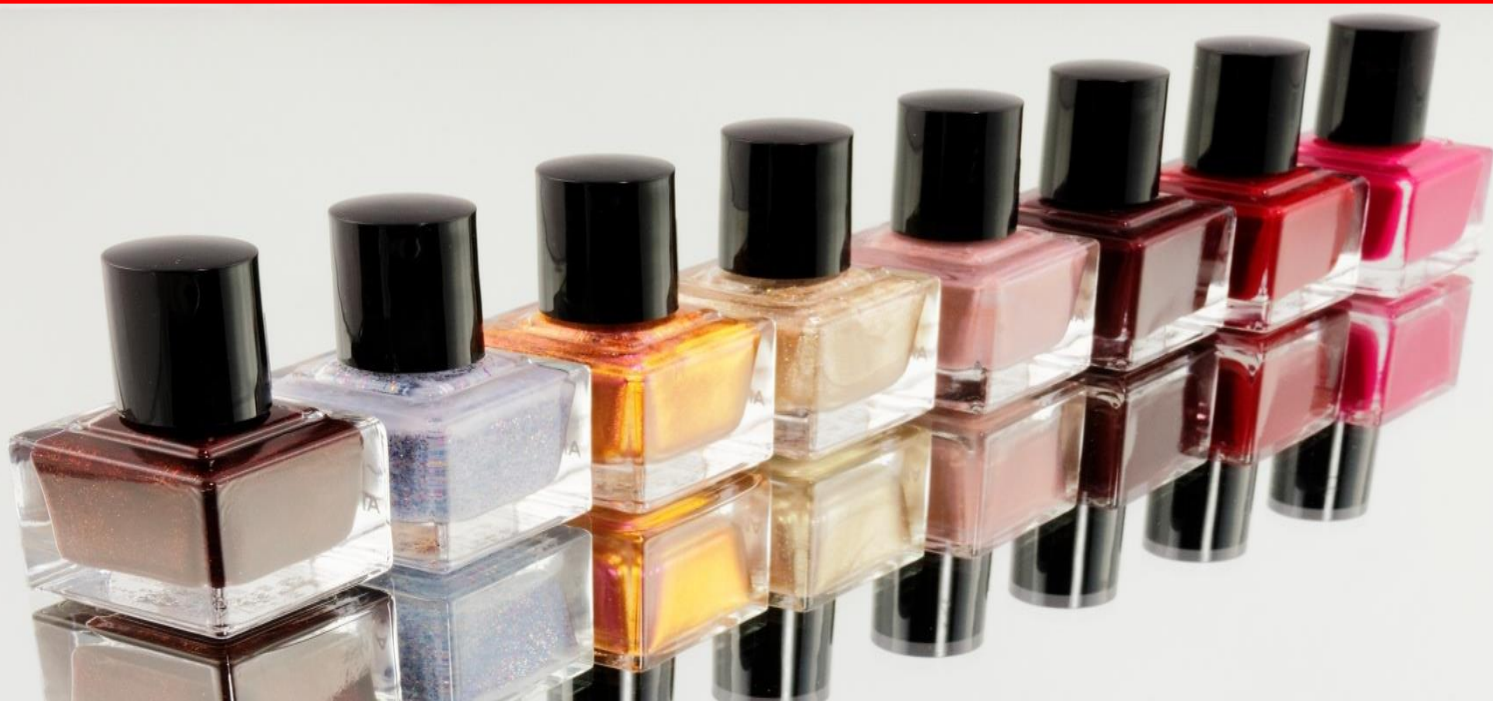
A Beauty Therapist provides various skin care and makeup services to enhance facial features Using a range of products. The makeup services should suit the client's requirement and skin The skin may be broadly categorized as normal skin; dry skin; sensitive skin; mature skin; oily skin and combination skin



The beauty therapist should also be aware of various types of products and most popular brands. To achieve the desired results, the products have to be applied in a Particular Sequence.



A makeup artist is required to suggest suitable color based on the skin tone and complexion. Therefore it is important to understand how the color wheel works.



# Course Objective

The 12 Months Beauty Care and makeup course is for the Learners who want to work in the beauty sector with the aim to learn, develop and practice required by the market. In this course, the emphasis is put on the trainee to acquire the ability to perform as a confident and competent Beautician.

## The objectives of this course are to:

1. Develop professional attitude and knowledge of hair & skin care, manicure, pedicure, beauty treatments comprising of casual makeup, party makeup, bridal makeup, making of eye brows, eye lashes, facial & skin treatments, hina applications, massage & hair styling techniques and methods.
2. Produce a capable & skilful workforce as required by the prevailing market demands.
3. Equip the trainees with skills and knowledge to ensure adherence to safety measures in parlors and emphasize on fitness & diet for a healthy look..

## Learning Outcome :

### SKILL PROFICIENCY DETAILS

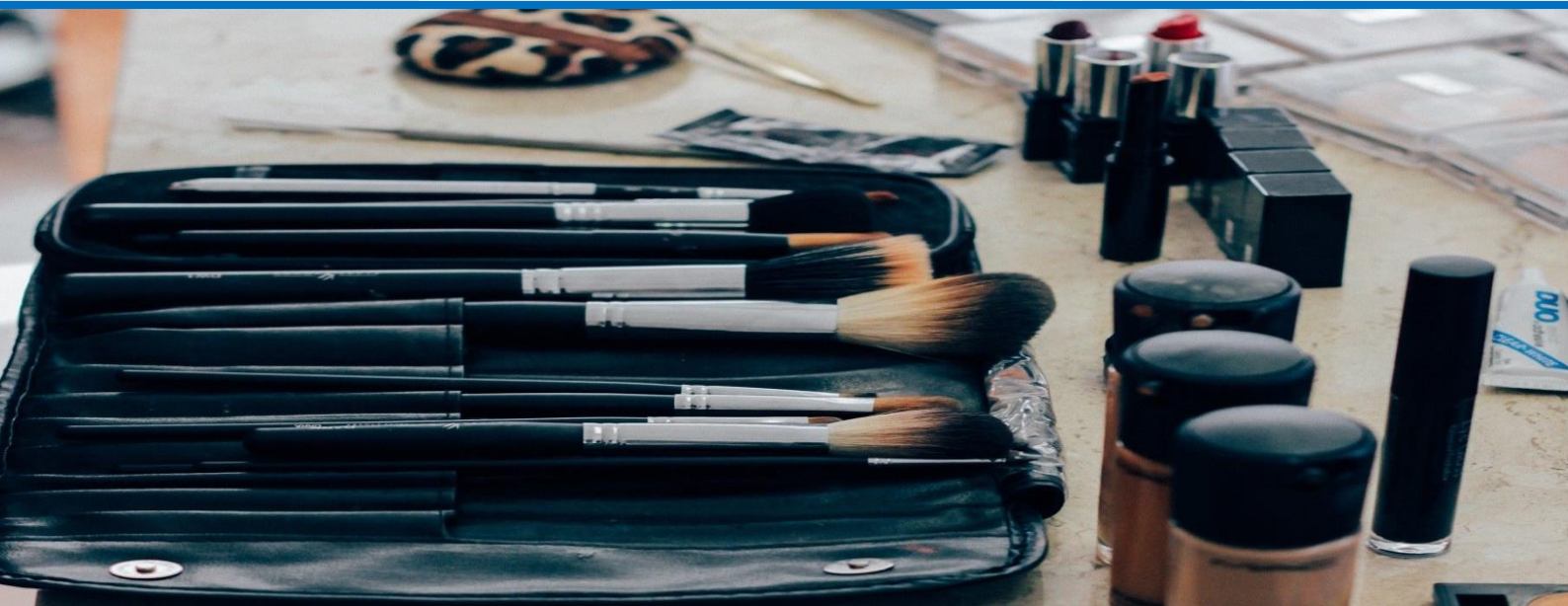
On successful completion of this course, the trainee should be able to: -

1. Practice beauty techniques.
2. Make and cut different hairstyles.
3. Identify different types of skins and their facials.
4. Do makeup on different types of skins i.e. oily, dry, Acne, etc.
5. Apply hairstyle/cut on different faces.
6. Acquire skills on salon work i.e. safety precautions, skin and hair conditions etc.
7. Select, Operate and handle equipment according to professional standards.

### KNOWLEDGE PROFICIENCY DETAILS

On successful completion of this course, the trainee should be able to: -

1. Explain beauty techniques, proper appearance, speech, social behaviour etc.
2. Understand the Makeup, facial, manicure, pedicure, body massage, hair coloring, styling and Application of Hina etc.
3. Describe the general principles of a balanced diet and nutrition.
4. Identify safety precautions including safety practices, conditions upon which medical advice must be sought.
5. Elaborate upon professional ethics, good professional standards, hygiene and the sanitization procedure.



# Details of Programme: Advance Certificate Course in Beauty Care & Makeup

## 1. Title of the Course

The Course shall be called as “Advance Certificate Course in Beauty Care & Makeup”, a Regular course of 12 months ( 480 hrs.) duration.

## 2. Duration of the Course

This is a Regular course of 480 hrs. Extended over a period of 12 months duration.

## 3. What You Will Get:

You Will Get a Mark sheet and a Certificate That Will be Universally Acceptable.

## 4. Aims and Objectives of the Course

The broad objective of the programme is to create professional Make Up Artist/Beauty Therapist.

A beauty therapist is a professionally trained individual who specializes in beauty services of both the face and body. A beauty therapist performs various duties such as providing skin care, applying makeup, removal of unwanted hair, manicure and pedicure services. The Beauty Therapist needs to be knowledgeable on health, safety and hygiene, beauty products, and a range of beauty services.

## 5. SCOPE:

Cosmetologist, Nail Care Artists, Beauty Care Distributor, Salon Sales Consultant, Hairstylist, Makeup Artist, Manufacturer Sales Representative, Fashion Show Stylist, Cosmetology Instructor, Beauty Magazine Writer, Beauty Advisors at Cosmetic firm, Beauticians at marriage, Hair Stylist.

## 6. Syllabus

The syllabus is design to fulfill aforesaid objectives containing theory subjects as well as practical in Beauty care and Makeup.

Introduction to Beauty Care & Makeup	Theory : 50 Marks, Practical/Assignment : 50 Marks
Anatomy And Physiology	Theory : 50 Marks, Practical/Assignment : 50 Marks
Skin Care and Hair Care .	Theory : 50 Marks, Practical/Assignment : 50 Marks
Cosmetology	Theory : 50 Marks, Practical/Assignment : 50 Marks
Beauty Care	Theory : 50 Marks, Practical/Assignment : 50 Marks

## 7. Eligibility Conditions

A candidate who has passed at least 10th examination from a recognized Board or its equivalent shall be eligible to take admission to the course.

## 8. Course Fee : INR 30,000+GST /-



### **Unit 1 :- Introduction to Beauty Care and Makeup**

Introduction to Beauty Therapy, Makeup Theory, History of makeup, Skin care-facial, Type of Facials , Paraffin mask treatment, Cosmetic & equipments, massage, Hair care, Hair Shampooing & Colorings, Make-up, Hair cut & Hair styles, Different Saree draping styles, Salon Operations, Adv skin treatments, , Hair strengthening, Names of maker, Precautions to be taken to prevent cosmetic allergies. Brands available in the market. Makeup Aids i.e. False eyelashes-types and application, Body printing, Tattoo designing. SPA, advance Make-up, Salon Management.

### **Unit 2 :- Anatomy And Physiology**

Elementary knowledge of Muscular & Digestive system of the body, Elementary knowledge of Skeleton system & their Abnormalities, Structure of skin & appendages : Distributions, growth, life span, color, texture, type of skin, common skin disorders Example: Dermatitis , Insect Bite, Skin Lession, Bacterial & Fungal disorder, Allergic disorder etc. Nails , Hairs : Structure of hair & scalp, function, distribution, Growth & types of common hair disorders..

### **Unit 3 :- Skin Care and Hair Care**

History of Hair Dressing in India, Shampoos & Rinses , Scalp message, Friction & Vibration material required , Hair shaping & cutting, Hair setting and styling, Materials used (human hair, synthetic hair or animal hair), Types of hair pieces, Selection of hair pieces, equipments, tools and materials used. Cleaning and caring of hair pieces. Electrical massage , Hair coloring and tinting , Bleaching or hair lightening, Chemical or permanent waving, and straightening , Advanced hair cutting, Corrective hair and scalp treatment : Oily hair, dry hair, falling hair, split ends, head lice. Premature grey hair. Corrective diet, material and procedure. Equipments , Electrolysis and Thermolysis for hair removal, Ozone Treatment for hair, Introduction of computer application In hair styling.

### **Unit 4 :- Cosmetology**

Introduction to Cosmetology, Creams , Colored cosmetics for the facial make up, Rouge:(Blusher or Blush on), LIPSTICKS: Introduction, Function & Composition, Eye Makeup, WHIETENING PREPARATIONS, Cosmetics used for hair and scalp, classification, composition and function of the following : Shampoos , Rinses, Bleaches, Setting lotions, Dyes. Hair Spray. Organic solvents, Depilatories creams and waxes for the removal of unwanted hairs, Bath preparations, Knowledge of Herbal Medicinal Products .

### **Unit 5 :- Beauty Care**

Introduction to Beauty care, Manicure & Pedicure , Body Massage, Facial , Skin care, Hair care. Slimming & Beauty Equipment , Instruction of Latest equipment in beauty & healthcare : Advance Treatment : (a)Galvanic treatment for pimples, marks, pigmentation nature and wrinkled skin, once, scalp and black heads. (b)Ozone treatment for hair and skin – Dandruff and alopecia . (c)Plastic surgery and laser treatment.

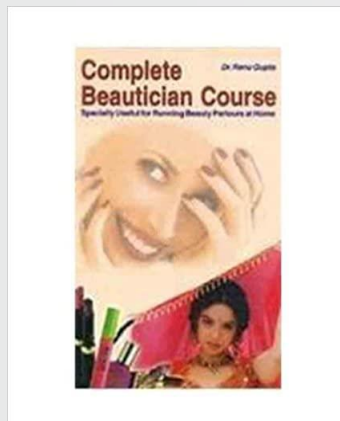


## Books For Reference



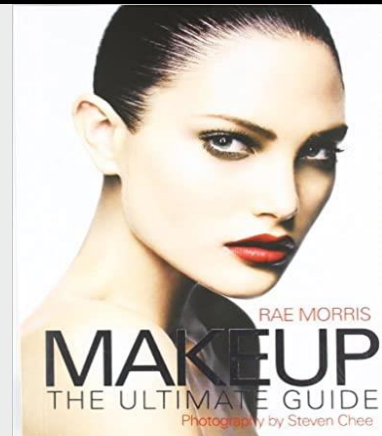
Urvashi Dave

Advance Makeup & Hairstyle



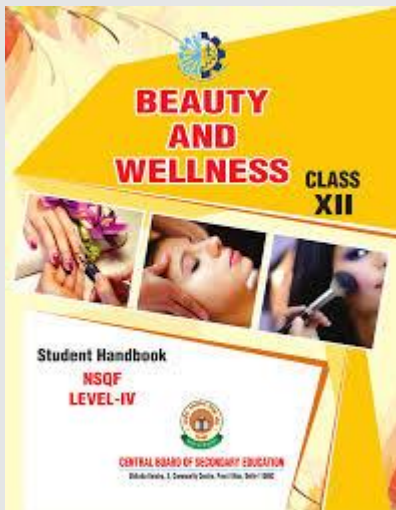
Renu Gupta

Complete Beautician Course

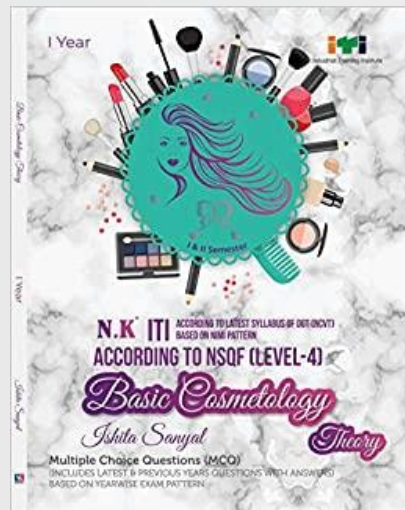


Rae Morris

Makeup – The Ultimate Guide(Kindle Ed.)



Student Handbook, CBSE (Class XII)  
Beauty And wellness



Ishita Sanyal  
ITI Basic Cosmetology Theory (I Year)